**St Botolph’s Church of England Primary School**

***Physical Education* Curriculum**

Our aim is to provide our children with an engaging, exciting, and empowering curriculum that equips them for today and their future. At St Botolph’s Church of England Primary School the curriculum is designed to: recognise children’s prior learning, provide first-hand learning experiences, allow the children to develop interpersonal skills, build resilience and become creative, critical thinkers.

**Curriculum aims:**

The national curriculum for physical education aims to ensure that all pupils:

* Develop competence to excel in a broad range of physical activities
* Are physically active for sustained periods of time
* Engage in competitive sports and activities
* Lead healthy, active lives

Physical Development Early Learning Goals: Gross motor skills

* Negotiate space and obstacles safely, with consideration for themselves and others
* Demonstrate strength, balance and coordination when playing
* Move energetically, such as running, jumping, dancing, hopping, skipping, and climbing

**Physical Education Intent**:

At St Botolph’s, we aim to provide a PE curriculum that pupils from Reception to Year 6 not only enjoy but also allows them to experience a range of activities that help them to develop their health, fitness, and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed our school values of perseverance, compassion, respect, thankfulness, truthfulness, and friendship.

**Our Curriculum:**

1. Physical education is split into four main areas in key Stage 1 and six main areas in Key Stage 2: Dance, Gymnastics, Games, Athletics, Outdoor and Adventurous Activity (KS2), Swimming (Yr4 and 6). This knowledge is accompanied by developing a variety of skills that the children look at within each area of PE.
2. These main areas are set out progressively throughout the school to ensure that the children’s skills and knowledge are builds on what they already know.
3. Each year group has two main areas of PE every half term – this is so the children get a broad and balanced education within the lessons – teamwork and fundamental (basic skills) are promoted to ensure our children gain knowledge and the opportunities to develop a range of skills and experiences.
4. Our PE curriculum is supplemented and supported by Get set 4 PE and Chris Quigley milestones (1,2,3) including personal and social knowledge, Leadership knowledge and Healthy lifestyles knowledge.
5. Year 6 are given the areas of the PE curriculum they are to cover. They are expected to be playing the sport and applying the skills previously learnt in the spiralling curriculum. Thus, aiding transition into Year 7. (If the skills need refining, they can use the Year 5 curriculum, progression document and milestones 3 to plan specific skills needed).